

# Llama Trek Menu

**Choose one item per category per trek**

## *Appetizer*

- Farm Fresh Organic Pasture-raised Deviled [eggs](#)
- A Selection of Vermont cheeses and crackers
- Chicken Canapies- made with pasture raised chicken and fresh tomatoes with herbed Chevre on artisan bread

## *Choice of soup or salad*

### *Soups*

- Gazpacho - a cold soup made with tomatoes, peppers cucumbers and onions. Served with homemade croutons
- Vichyssoise- a cold soup made with potatoes and chives
- Strawberry Bisque - a chilled creamy soup made with fresh Strawberries

### *Salads*

- Garden salad -Fresh grown vegetables including mixed lettuce, carrots, tomatoes, onions, peppers, cucumbers, and homemade croutons
- Ramos Cabbage salad - made with fresh cabbage, sesame seeds, almonds, and Chinese noodles
- Potato Salad - Made with red bliss potatoes, and Spanish onions

### *Sandwich*

- Choice of organic pasture-raised roast beef, [turkey](#), or [chicken](#)  
(Fresh baked rolls, VT cheeses and farm fresh vegetables)

### *Dessert*

- Choose from a variety of delicious mouth watering deserts:  
Such as: Blueberry Buckle, Gingerbread & Applesauce, or Chocolate cake

### *Beverage*

- Fresh Squeezed Lemonade, Apple Cider, Milk or Water
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